



# Impact Report

## London

**Strengthening the empowerment of women and girls in London through the provision of reusable sanitary products.**

### Impact Snapshot

Claire Eldory, Uzuri's London Ambassador took the lead in the initiative to donate reusable sanitary **products to women and girls in a chain of hostels in London, UK.**

Through a strategic partnership with Manor Place hostel, we were able to make a tangible and lasting impact.

At Uzuri, we are committed to making a positive impact on the lives of females around the world.

This impact report outlines the outcomes of our efforts and highlights the transformative impact we have made within our local community.

**10,543**

Products Donated

**34**

Communities

**8**

Countries

## The Objective:

Our primary goal is to empower women and girls in London by providing them with access to sustainable menstrual hygiene solutions. We aim to break down barriers to menstrual health and promote dignity, confidence, and well-being among hostel residents.

## Initiative Overview:

Through partnerships with women's shelters and hostels across London, we have distributed reusable sanitary products to residents in need. These products include menstrual cloth pads, and menstrual underwear, offering a cost-effective and environmentally friendly alternative to disposable products.

## Impact Highlights:

1. Improved Menstrual Health: By providing reusable sanitary products, we have helped women and girls in London maintain better menstrual hygiene practices. They no longer have to worry about access to or affordability of menstrual products, leading to improved physical and mental well-being.

2. Enhanced Dignity and Confidence: Access to reusable sanitary products has restored a sense of dignity and confidence among hostel residents. They no longer have to rely on ad-hoc solutions or feel embarrassed about managing their periods in communal living spaces.

3. Community Engagement and Support: Our initiative has fostered a sense of community and support within women's shelters and hostels. By addressing a common need and providing practical solutions, we have strengthened bonds among residents and staff members.

4. Environmental Sustainability: By promoting reusable options, we are contributing to environmental conservation by reducing the amount of waste generated from disposable menstrual products. Hostel residents are actively participating in sustainable practices, aligning with broader efforts to promote eco-friendly living.

## Feedback and Testimonials:

We have received positive feedback from hostel residents and staff members alike, who have expressed gratitude for the support and empowerment provided through our initiative. Here are some testimonials:

**- "Having access to reusable sanitary products has made a world of difference in my life. I no longer have to worry about where my next pad will come from. Thank you for giving us dignity and choice." – Beth, London**

**- "As a hostel worker, I've seen first-hand the impact of this initiative on the women we serve. It's not just about the products; it's about restoring a sense of humanity and respect." – Fumi, London**

## Challenges and Future Plans:

While we have made significant progress, we recognise that there are ongoing challenges and opportunities for improvement. Moving forward, Uzuri are committed to expanding our reach to more communities in Jamaica and exploring innovative solutions to enhance menstrual health education and awareness.

## Conclusion:

In conclusion, our initiative to donate reusable sanitary products to women and girls occupying Manor Place hostels in London has made a tangible and lasting impact on their lives and the community as a whole. Through strategic partnerships and a commitment to social and environmental sustainability, we are working towards a future where every woman and girl has access to the resources they need to thrive with dignity and confidence. We remain dedicated to our mission and look forward to continuing our efforts to create positive change within our local community.



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